

Shortened Startwell Songs



Micky Me Size Song

Micky Micky Me Size loves his food so much
He needs to choose his plate size to make it just enough
If it's too big then his tummy will be full
But if it's just the right size, he may eat it all

Fay 5 a Day Song

Fay 5 a day
Fay 5 a day
Eating fruit and veg
Eating fruit and veg
Apples, oranges, broccoli
They're so very good for me
Let's eat them every day
It's Fay 5 a day



Smiley Shen Song



It's time to clean our teeth
It's time to clean our teeth
Side to side and up and down
It's time to clean our teeth
We're smiling just like Shen
Bright and smiley just like Shen
Round and round and front to back
We're smiling just like Shen