



2 Snacks Max Cube



2 snacks Max helps us to remember that 2 healthy snacks and 3 healthy meals a day are needed to keep children healthy.

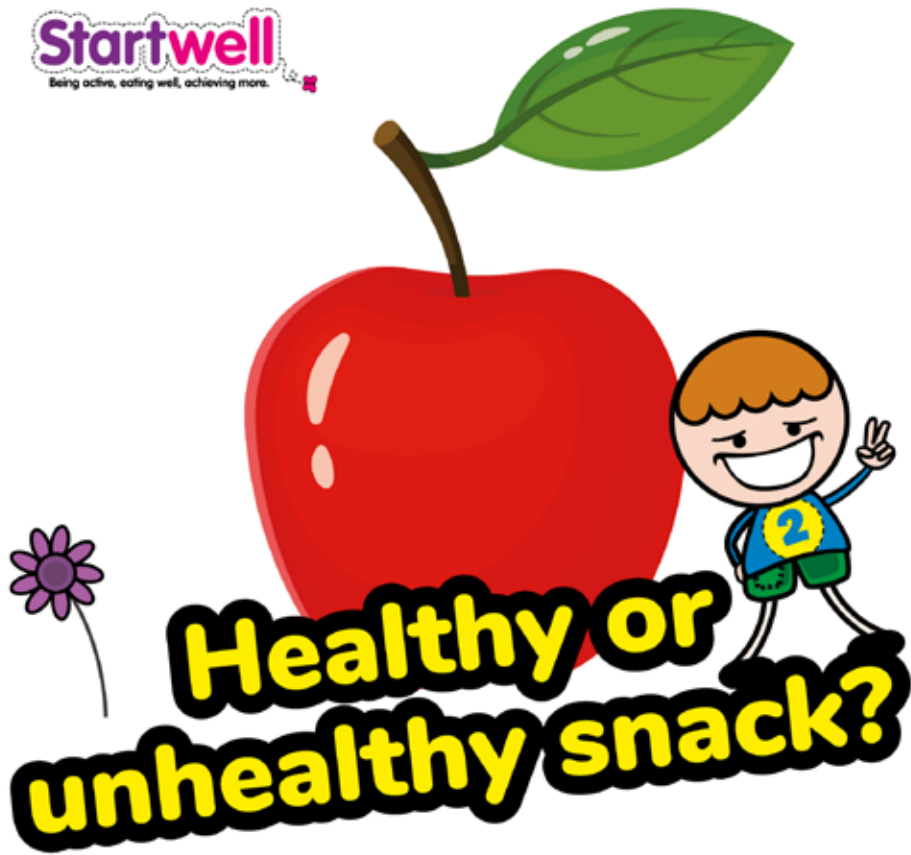
1. Print out the following cube cards
2. Cut out the cards where indicated
3. Place the cards into the cube.
4. Roll the cube. Healthy snacks do your favourite dance, unhealthy snacks sprint on the spot.
5. Repeat several times.



01



02





04





06