

Dishes and Their Allergen Content Check Sheet

Setting Name: _____

Review date: ____/____/____

Completed by: _____

DISHES														
List dished below and tick allergens present	Cereals containing gluten (wheat, rye, barley & oats*)	Peanuts	Nuts	Milk	Crustaceans	Molluscs	Eggs	Fish	Celery	Lupin	Mustard	Sesame Seeds	Soya	Sulphur Dioxide

*Oats are naturally gluten free, however they are often produced in a factory which handles wheat, barley and rye and therefore can become contaminated with gluten