



Nursery  
Rhymes with  
**Active  
Azra**

**In this activity Active Azra wants you to keep your belly button on the move to ensure you are active**

1. Print out the following cube cards
2. Cut out the cards where indicated
3. Place the cards into the cube.
4. Roll the cube and complete the action that it lands on.
5. Repeat several times.

# Active Azra

## Nursery Rhyme Song Sheet



### Ring, a Ring a Roses

Ring a ring a roses, a pocket full of poses  
Atishoo, Atishoo, we all full down  
Splashing in the water, splashing in the sea  
We all jump up with a 1,2,3

**(Repeat x 2)**

### Sleeping Bunnies

See the Little Bunnies sleeping  
till its nearly noon,  
Come now let us gently wake  
them with a merry tune,  
Oh how still are they ill,  
Wake up soon  
Hop Little Bunnies Hop, Hop, Hop  
Hop Little Bunnies Hop, Hop, Hop  
Hop Little Bunnies Hop, Hop, Hop  
Hop and Stop

**(Other choruses can include  
stomp little elephants, snap little  
crocodiles, run little lions etc)**

### Five Cheeky Monkeys

Five Cheeky Monkeys Jumping on the bed,  
1 fell off and bumped his head  
Mummy phoned the doctor and the doctor said  
No More monkeys jumping on the bed

**(repeat until no more monkeys  
jumping on the bed)**

### Down at the Station

Down at the Station, early in the morning  
See the Little Choo Choo Trains all in a row  
Then you see the driver, turn the little handle  
Chug, Chug, Chug and off they go

**(Repeat but replace with aero planes – zoom,  
zoom, zoom, helicopter – whizz, whizz,  
whizz, motorbikes – brum, brum, brum)**

### If you're Happy and you Know it

If you're happy and you know it clap your hands  
If you're happy and you know it clap your hands  
If you're happy and you know it  
and you really want to show it  
If you're happy and you know it clap your hands

**(Repeat but replace clap with stamp  
your feet, jump about, run around)**

### Head, Shoulders, Knees and Toes

Head, Shoulders, knees and  
Toes, knees and Toes  
Head, Shoulders, knees and  
Toes, knees and Toes  
And turn around and jump up in the air  
Head, Shoulders, knees and  
Toes, knees and Toes

**(Repeat x 2)**



01



02



03



04



05



06